

St. Ann by the Sea  
591 Ocean Street  
Marshfield, Ma. 02050

Dear Parent,

My office has prepared this packet of information to assist you in your child's preparation for the Sacrament of Confirmation. I would direct your attention to the following important information, broken down into service, academic and interview sections.

\* Service: Enclosed is a list of church service opportunities, along with a log form. Candidates are required to complete twenty hours of church service hours. We recommend that your child perform ten hours of service in the freshmen year and sophomore years. It is important that they have a church official sign the log upon completion of the activity. At the completion of the CCD year [both freshmen and sophomore years] the form is to be returned to my office.

\*Academic: Candidates will be tested periodically during the year to ensure they understand and comprehend key elements and foundations of our faith. \* If your child has a learning disability please let me know and be assured of my confidentiality.

\* Interviews: Each child will be assigned a [5-10 minute] time to meet with Fr. Carmichael [9<sup>th</sup> Grade] and Catherine Rein [I<sup>0th</sup> Grade] to discuss the Confirmation Program, and to answer any questions or concerns they may be having.

I look forward to working alongside you to help prepare your child for this important Sacrament.

Sincerely Yours in Christ,

*Catherine Rein*

Catherine Rein

Director Religious Education

St. Ann by the Sea  
591 Ocean Street  
Marshfield MA 02050

9/1/2011

Dear Parents of our 9<sup>th</sup> and 10<sup>th</sup> Grade Students,

*Theology of the Body for Teens: Discovering God's Plan for Love and Life*, a High School curriculum based on Pope John Paul's landmark and revolutionary *Theology of the Body*, offers a very positive message of the gift of sexuality as a good and essential part of love and life. It is our hope that this curriculum will provide your teens with the knowledge and understanding they need concerning the meaning and purpose of their sexuality and of their very existence.

Recognizing parents as the primary educators of their children in matters of faith and morals, this curriculum includes a rich parent component. Please ask to review the contents of *Theology of the Body for Teens*, tonight or any time during the Catechetical year. We have provided an overview of the program chapters to keep you up to date on the information your child will be receiving during the year, as well as providing you with the Grade 9 & 10 Curriculum online at [www.stanns.net](http://www.stanns.net) for the 2011-2012 school year

The first class will be held as a retreat at St. Ann by the Sea on Saturday, September 10<sup>th</sup> from 10am — 4pm and concluding with the 4pm Mass. It is a requirement for all Confirmation Students in the 9<sup>th</sup> and 10<sup>th</sup> grade to attend the retreat and the Mass.

Thank you for your attention to this important stage in your teenager's spiritual development

Sincerely Yours in  
Christ,



Catherine Rein

Director of Religious Education

## Confirmation Information

Name:

Date of Birth:

Date of Baptism: Church

of Baptism: Father's

Name: Mother's Maiden

Name:

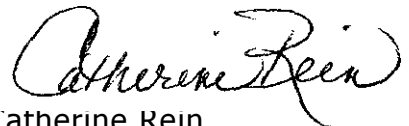
Confirmation Name:

Sponsor's Name:

\_\_\_\_\_

The information indicated above is essential for our records. \_\_\_\_\_  
can be obtained by calling the parish in which you were baptized. If you need  
my help in finding records or any other information please let me know.  
Thank you!

Sincerely Yours in Christ,



Catherine Rein

Director Religious Education

## St. Ann by the Sea

### Confirmation Sponsors/ Confirmation Names

The Role of a Sponsor: The most important role of a Confirmation sponsor is to walk with you and guide you as you prepare to receive the fullness of the Holy Spirit in this Sacrament of Initiation; it is important they are practicing Catholics active in their faith.

How to choose a Sponsor: When you think about choosing a Confirmation sponsor, think about choosing someone who is an active, Baptized, practicing Catholic in good standing; someone who is enthusiastic about the Roman Catholic faith and have themselves been confirmed. Your parent cannot be your sponsor [Canon Law], but you may choose a godparent or someone else that must be at least 16 years old. Talk with your parents, other family members, or your catechist about who would be a good choice. Most importantly, pray to the Holy Spirit.

Whomever you choose, if they are not a member of St. Ann's Parish they must have a letter from their parish stating that they are an active member of that parish, and are baptized and confirmed.

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When must I make the choice of a Sponsor: We ask that you make this choice by the first day of class the school year you are to receive the Sacrament of Confirmation.

A Confirmation Name: Taking a new name at Confirmation can be symbolic of a new deeper stage in your faith life. It is also an occasion to reflect on how you want to witness to the power of the Holy Spirit in your life. If you choose a name other than your Baptismal name, look to saints and holy people who are truly witnesses of faith for you. Choose the name of a saint you admire and whom you want to be your patron.

ST. ANN BY THE SEA

CONFIRMATION SERVICE HOUR OPPORTUNITIES:

August through October\*\*

Grades 9 & 10

Labor Day Party: Saturday, September 3<sup>h</sup> 9am-11am & 4:30pm-7:30pm

CCD Opening Day: Sunday, September 11, 8am — 12pm

CCD Sunday Mornings:

\*September 18, 25, October 2, 16, 23, 30, 8am -12pm

Blessing of the Animals: September 17<sup>th</sup> 11am

Respect For Life Walk : Boston October 2nd

Pumpkin Festival: Saturday, October 15, 9am-2pm

Fall Cleanup: Saturday, October 22, 9am -12pm

Trunk or Treat: Friday, October 28, 5:30pm-7:30pm

Special Needs Halloween Party: Saturday, October 29, 4pm — 7pm

Sacrament of Confirmation: Sunday, October 30, 10:30am -12:30pm

Christmas Bazaar: Saturday November 5<sup>th</sup>, 10-6pm

Cookie Walk: Saturday November 19<sup>th</sup>, 10— 1pm

Christmas Concert: Friday December 9<sup>th</sup>, 6pm-10pm



# Living as WITNESSES

Based on Scriptures and the laws of the Church, Catholics follow these guides and rules to live as disciples and faithful followers of Jesus:

## The Ten Commandments

- 1 I am the Lord your God. You shall not haiku strange gods before me.
- 2 You shall not take the name of the Lord your God in vain.
- 3 Remember to keep holy the Lord's day.
- 4 Honor your father and your mother.
- 5 You shall not kill.
- 6 You shall not commit adultery.
- 7 You shall not steal.
- 8 You shall not bear false witness against your neighbor.
- 9 You shall not covet your neighbor's wife.
- 10 You shall not covet your your neighbor's goods.

## Works of Mercy

Corporal

Feed the hungry.

Give drink to the thirsty.

Clothe the naked.

Shelter the homeless.

Visit the sick.

Visit the imprisoned.

Bury the dead.

Spiritual'

Counsel the doubtful.

Instruct the ignorant.

Admonish the sinners.

Comfort the afflicted.

Forgive offenses.

Bear wrongs patiently.

Pray for the living and the dead.

## Precepts of the Church

The following precepts are important duties of all Catholics.

Take part in the Mass on Sundays and holy days\_ Keep these days holy end avoid unnecessary work.

Celebrate the Sacrament of Reconciliation at least once a year if there is serious sin.

Receive Holy Communion at least once a year during Easter time.

Fast and abstain on days of penance.

Give your time, gifts, and money to support the Church.

# Gifts and Fruits

The Gifts of the Holy Spirit are given in Baptism and Confirmation. The Gifts give us power to choose and act as living witnesses. The fruits are the result of the Holy Spirit's action in our lives.

## Gifts of the Holy Spirit

Wisdom	Courage	Reverence
Understanding	Knowledge	Wonder and awe
Right judgment (Counsel)		

## Fruits of the Holy Spirit

Charity	Patience	Generosity	Modesty
Joy	Kindness	Gentleness	Self-control
Peace	Goodness	Faithfulness	Chastity

# Virtues

## Theological Virtues

The theological virtues are gifts from God. They are called the theological virtues because they are rooted in God, directed toward him, and reflect his presence in our lives.

- Faith means believing in God and all that he has revealed to us and believing in all that the Church proposes for our belief.
- n. Hope is the desire, bolstered by trust, to do God's will, and achieve eternal life and the graces that make this desire come true.
1. Through charity, we love God above all else, and our neighbors as ourselves.

## Cardinal Virtues

The cardinal virtues are the principal moral virtues around which all the other virtues and the moral life hinge. In Latin the word *cardo* means hinge. Cardinal virtues help us lead a moral life by governing our actions, controlling our passions and emotions, and keeping our conduct on the right track. These virtues are Prudence, Justice, Fortitude, and Temperance.

## THE APOSTLE'S CREED

I believe in God, the Father Almighty, creator of Heaven and earth; and I Jesus Christ, His only Son, Our Lord, who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day He rose again. He ascended into heaven, and is Seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## SACRAMENTS (VISIBLE SIGNS)

WHAT IS A SACRAMENT? A SACRAMENT IS AN OUTWARD (VISIBLE) SIGN INSTITUTED BY CHRIST TO GIVE US GRACE.

BAPTISM : POURING OF THE WATER (WASHING AWAY ORIGINAL SIN.)  
"I BAPTIZE YOU IN THE NAME OF THE FATHER, SON AND THE HOLY SPIRIT.

RECONCILIATION: CONFESSION - PENANCE

1. TELLING YOUR SINS
- 2 ABSOLUTION AND BLESSING BY THE PRIEST.

HOLY EUCHARIST: COMMUNION

1. FORM - THIS IS MY BODY, THIS IS MY BLOOD.
2. THE HOST - RECEPTION OF CHRIST'S BODY IN THE FORM OF BREAD.
3. THE WINE - RECEPTION OF CHRIST'S BLOOD.

CONFIRMATION: 1. ANOINTING WITH CHRISM ON THE FOREHEAD. (CHRISM - A MIXTURE OF OLIVE OIL AND BALSAM.)

MARRIAGE:

1. EXCHANGE OF VOWS BETWEEN TWO PEOPLE.
2. THE PRIEST IS THE WITNESS OF THE MARRIAGE. THE PEOPLE MARRY EACH OTHER IN THE EYES OF GOD WITH THE BLESSING FROM THE PRIEST.

HOLY ORDERS:

1. WHEN A MAN BECOMES A PRIEST.
2. THE, IMPOSITION OF HANDS ON THE PRIEST'S HEAD.

SACRAMENT OF THE SICK:

1. ANOINTING THE FOREHEAD AND HANDS.

GRACE: FROM THE LATIN GRAM MEANING FAVOR. A GIFT OF GOD FOR THE PURPOSE OF FITTING THE RECIPIENT FOR ETERNAL LIFE.